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### Northern Teams Health Update Spring 2017

Below is an individual report on all the schools in the Northern Region of NEISA. After calling each individual team, it seems that the region is stable and growing throughout. I am personally excited about seeing each team's progress towards their goals in the coming year.

#### **University of New England**

- Status: Growing
- Women's Team for 2017: Not scheduled this semester, but have had one last semester
- Coach: coach and assistant
- Team Size: 12
- Sailors at average practice: 6-8
- Saving to buy a new fleet of FJ's, and they just hired an assistant coach. They are in a five year plan to build a new boat house and are excited about hosting a regatta in the future.

#### **Bates College**

- Status: Stable
- Women's Team for 2017: Yes
- Coach: Yes, Full Time
- Team Size: 40
- Sailors at average practice: 20 on average
- Waiting to start practice when the lake unfreezes. Everything is going smoothly, and looking to get new sails in the next year or two.

#### **Bowdoin College**

- Status: Stable
- Women's Team for 2017: Yes
- Coach: Yes, Full Time
- Team Size: 28
- Sailors at average practice: 28
- They are looking to buy new boats in the next year or so. They have luckily been able to get out on the water up in Maine to start practices. No other updates.

### **Maine Maritime Academy**

- Status: Stable, but rebuilding
- Women's Team for 2017: No
- Coach: Yes, Full Time
- Team Size: 16
- Sailors at average practice: 12-16
- They haven't been able to sail in their venue because of ice, but have been able to get out on the water. They have also recently acquired a J44, and are very excited to start sailing it!

### **Dartmouth College**

- Status: Stable
- Women's Team for 2017: Yes
- Coach: Full-Time
- Team Size: 23
- Sailors at average practice: 21-23
- Waiting for the lake to thaw in order to start practice, but otherwise no updates to provide.

### **University of New Hampshire**

- Status: Stable
- Women's Team for 2017: Yes
- Coach: Full Time
- Team Size: 45
- Sailors at average practice: 12-16 people
- Haven't gotten on the water yet because of the frozen lake. The team is stable, and is working on getting back into practice when the lake unfreezes.

### **McGill University**

- Status: Stable
- Women's Team for 2017: Not currently, but are thinking about participating in an all women's regatta
- Coach: Two co-coaches
- Team Size: 30
- Sailors at average practice: 14-15
- Last year we bought a new fleet of boats. It took four years to be able to get the funding required to buy them. We are planning a summer training camp before school starts which would be the first time that we would ever do that. Finally, we finished first in our Canadian sailing league called CICSA last year.

### **University of Vermont**

- Status: Stable
- Women's Team for 2017: Yes, travel every weekend
- Coach: Yes, Full time as well as an Assistant Coach and Trainer
- Team Size: 40
- Sailors at average practice: 20 - 30
- Team practices four times per week, boats are in good shape. However, where the deck is bonded to hull in the bottom of the boat, some are starting to pull apart. This has only been an issue on one boat so far, but they are looking out for it in the future.

### **Middlebury College**

- Status: Stable
- Women's Team for 2017: Yes
- Coach: Full Time
- Team Size: 40 (20 fully active members)
- Sailors at average practice: 10 to 20
- Middlebury College is looking to buy a new fleet of FJ's in the coming couple of years, and have started a fundraising campaign. They are also working towards improving their team year by year, and gain more experienced sailors.

### **Plymouth State (Jackson Wheeler)**

- Status: Growing
- Women's Team for 2017: Yes
- Coach: Yes, Full Time
- Team Size: 17
- Sailors at average practice: 10
- Still early in the stages of getting the team up and running, and getting more funding from the school in the coming year. Also, Plymouth is looking to possibly get a new coach in the coming year.