Contact

Off-campus recruiting contacts shall not be made with an individual (or his or her family members) before July 1 following the completion of his or her Sophomore year in high school. Recruiting contact is the discussion with a Prospective Student Athlete (PSA) by an athletics staff member or other representative of the institutions athletic interests about attending a school with the intent to compete for that institution. Off campus refers to an athletics staff member or other representative of the institutions athletic interests not on campus or at the sailing facility.

At no time may the institution provide items or materials to a PSA that are not available to all prospective students.

Recruiting contact at events that a PSA is competing in may only occur after competition has concluded for the day and the PSA is released by his or her coach or advisor.

Conduct on visits

An institution may not host a PSA for a visit before July 1 of his or her Junior year. A hosting is defined as the travel of the PSA to the institution with the purpose of meeting with, or learning more about the team. A visit may last no longer than 48 hours

During the visit, the PSA may attend workouts and practice however they are not permitted to participate in either workout or practice in any way.

Transfers

An athletics staff member or other representative of the institution's athletics interests shall not make recruiting contact with the student-athlete of another ICSA collegiate institution, directly or indirectly, without first obtaining the written permission of the first institution's head coach (or advisor in the case of a team without a coach) to do so, regardless of who makes the initial contact. If permission is not granted, the second institution shall not encourage the transfer.

Student athletes shall only compete for one ICSA school per academic year.

Consequences

Failure to comply with these regulations may result in the loss of eligibility for the student athlete and the loss of postseason opportunities for the institution implicated.